

**LEWAC Associates of Western New York, Inc.**  
**Funded by NYS Department of Health Cancer Services Program**  
**“You’re Invited – Because You’re Worth It”**

**Program Outline**  
**9:00AM – 12:00NOON**

9:00 – 9:20 AM	Sign-in & Continental Breakfast .....	All
9:20 – 9:25 AM	Good Morning & Welcome.....	Catherine Lewis-Smith, LEWAC
9:25 – 9:45 AM	Self-introduction .....	All
9:45 – 10:00 AM	Ice-Breaker (Just for Fun) .....	To Be Determined - Door Prize-
10:00 – 10:10 AM	My Family Tree.....	Catherine Lewis-Smith, LEWAC - Door Prize-
10:10 – 10:20 AM	My Faith, My Family, My Friends.....	Breast Cancer Survivor

**5 Minute - Break**

10:25 – 10:30 AM	Bring-A-Friend Gift Handout.....	Outreach Navigator
10:30 – 10:45 AM	You Can Count on Roswell, Here’s How.....	Mildred Kelly, Roswell - Door Prize
10:45 – 11:30 AM	Dealing w/Physical & Mental Stresses of Breast Cancer..	A Medical Practitioner - Door Prize
11:30 – 11:40 AM	Recite Pledge.....	All
11:40 – 11:50 AM	Evaluation.....	All
11:50 – 12:00 Noon	Door Prize Drawing .....	Outreach Navigator

**Circle of Friends - Lunch 12 Noon**

**Education Information Set-up/Supporters:**

Susan G. Komen for the Cure WNY Affiliate  
Roswell Park Cancer Institute  
National Cancer Institute  
American Cancer Society (materials only)  
Erie County Partners for Prevention  
Healthy Living Partnership of Niagara County  
Gilda’s Club

## **PROGRAM FLYER**

**LEWAC Associates of Western New York, Inc.  
Presents**

# **Breast Cancer Education & Support – Because You're Worth It!**

Funded by the New York State Department of Health Cancer Services Program

### **A 3-hour Session**

#### **Highlights of the 3-hour session include:**

##### **Navigating the Healthcare System**

*Speakers from LEWAC Associates of WNY, Inc., Roswell Park Cancer Institute, and a breast cancer survivor share their perspectives on "getting from here to there" within the healthcare system*

##### **Hearing from the Experts**

*Presentations by medical practitioners on dealing with the physical and mental stresses of breast cancer*

##### **A Conversation with Survivors**

*Breast cancer survivors share their personal experiences on their journey to recovery*

*How will my treatments affect me?*

*Who can help me with my biggest fears?*

*Will my sex life be affected?*

**Session Location:** \_\_\_\_\_

**Date:** \_\_\_\_\_

#### **Special Features**

***Refreshments Bring-a-friend Incentive Gift Prize Drawings***

*Participant Sign-Up Sheet (English)*  
**LEWAC Associates of Western New York, Inc.**  
**Presents**

**You're invited-  
Because You're Worth It!**

Funded by the New York State Department of Health Cancer Services Program

Date: \_\_\_\_\_

Time: 9:00 AM

Location: \_\_\_\_\_

**Refreshments**  
**Goodie Bag for each attendee**  
**Bring-a-friend – get an extra gift**  
**Grand Prize Drawing**

**Share your story; Give input on how to improve services in your community regarding Breast Cancer; Exchange tips on ways to LOVE yourself; Ask the medical practitioner questions; Let's laugh more!!**

**TO SIGN UP, complete the information below & return this portion to:**  
**Catherine Lewis-Smith, Executive Director**  
**LEWAC Associates of Western New York, Inc.**  
**135 Grant Street**  
**Buffalo, New York 14213**  
**Telephone 881-6111 ext. 204**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Are you a breast cancer survivor? YES \_\_\_\_\_ NO \_\_\_\_\_

*Participant Sign-Up Sheet (Spanish)*

**LEWAC Associates of Western New York, Inc.**

**Presenta**

***Estas invitada  
¡Porque tú lo vales!***

Financiado por el Departamento de Salud en el Estado de Nueva York del Programa de Servicios de Cáncer

Fecha: \_\_\_\_\_

Hora: 9:00 AM

Locación: \_\_\_\_\_

***Entremeses,  
Bolsitas de Regalo para cada persona,  
Un regalo más para cada persona que traiga una amiga  
Y habrá un sorteo final***

***Comparta su historia; Dé Ideas en como mejorar los servicios de cáncer del ceno en su comunidad; intercambiamos ideas en como AMARSE a uno mismo; Haga preguntas a los practicante de salud; ¡¡Vamos a reírnos más!!***

\_\_\_\_\_,  
Para participar por favor complete la información de

Abajo y regréselo a:

**Catherine Lewis-Smith, Executive Director  
LEWAC Associates of Western New York, Inc.**

**135 Grant Street**

**Buffalo, New York 14213**

**O favor de llamar a 881-6111ext. 204**

Nombre: \_\_\_\_\_

Dirección: \_\_\_\_\_

¿Es usted una sobreviviente de cáncer del ceno? Si \_\_\_\_\_ NO \_\_\_\_\_